

# Beliefs - Visual Arts (Drawing and Colouring; Expressive Arts)

## Aim:

To use creative expression to reflect on your own beliefs

## Activity description

Pupils will use artistic techniques to create a belief cloud with words and drawings.

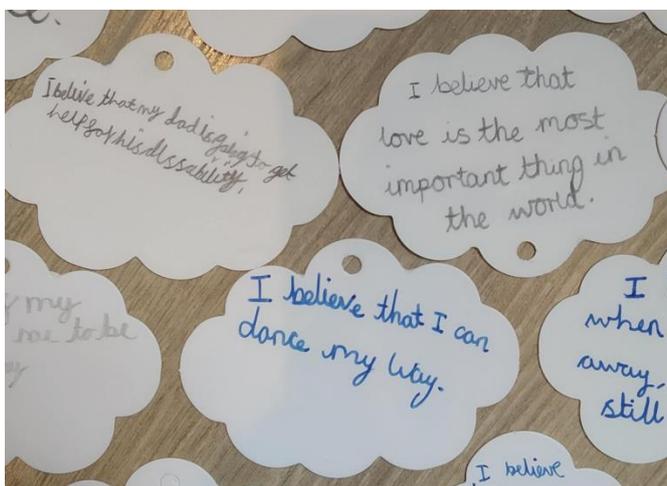
## Main activity:

On a piece of paper write down some of the things you believe in, for example, equality, justice, God, angels, etc.

Next to each belief, write something you do or ways in which you act because you believe this. For example: 'I believe friendship is really important' and then the action might be, 'I treat my friends well and I care for them when they are sad'.

Beliefs make up our identity. Beliefs are different from what we like or enjoy doing. How we act and what we do can make our beliefs visible to other people. Creative expression, such as making art or music, can turn invisible thoughts, feelings, and beliefs into something visible for other people to see.

Pick one important belief that you have already written down on your paper. Draw a cloud about the size of your hand on a separate piece of paper or card and write this belief inside it. Then cut out the cloud.



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Next, think of an object or symbol that best represents this belief to you and draw it on the reverse side of the cloud. For example, it could be a drawing of two people standing holding hands or a heart to represent the belief that friendship is important. It could be a drawing of the earth to show that you believe you should look after your environment. You can colour it in or decorate the back of this cloud so it really stands out and makes the belief visible. You might want to make a hole in the top to hang it up.

### Time required

30-45 minutes

### Materials required

Paper, pencils/pens, scissors.

