

# Identity – RE and PSHE

## Aims

Identity 3 – Changing Identities

## Activity description

Pupils will explore the ways in which a person's identity might change over time.

## Main activity:

Either:

Find out more about the [English Reformation](#); this period was characterised by England changing from being a Catholic Christian country to a Protestant Christian country.

## Consider the following:

- What were the key differences between Catholic England and Protestant England?
- What reasons did people give to change their religious identity from Catholic to Protestant?
- What reasons did people give to resist the change from Catholic to Protestant identity?

Or:

Find out more about some key religious figures, e.g. Jesus, the Prophet Muhammad and Gautama Siddhartha. In what ways did they seek to change the identity of the community they belonged to? How were they advocates for change? What impact did they have on their own communities? How easy was it for their followers to explore and/or change their identities?

Record your work as a podcast/vlog/eBook/presentation.

## Extension activity:

Watch the film/listen to the audio clips and read the script of Our Place; consider the impact on the characters of their changing identities over the course of the play. What do you think this tells us about how our identities are formed and change over time? Explain your answer to a friend/family member.

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**Time required:**

60 minutes

**Materials required:**

Paper, pen, access to Our Place film/audio clips and script.

**Additional resources:**

[BBC Bitesize KS3 Religious Studies](#)

[BBC Bitesize KS3 PSHE and Citizenship: Personal Identity](#)

[British Red Cross Identity and Belonging Education Pack](#)

[Dove Self-Esteem Project](#)

[Equality and Human Rights Commission Education Resources: Identity and Characteristics](#)

[National Association of Teachers of RE \(NATRE\)](#)

[Positive Identities Service and Barnado's Resource Pack](#)

[PSHE Association](#)

[RE:Online](#)

[Stonewall Best Practice, Toolkit and Resources](#)

[The Linking Network Secondary Education Resources](#)

[TrueTube](#)