

# Futures - Writing (Letter writing)

## Aims

To think about what you hope for in the future after lockdown

## Activity description

Pupils will write a letter to themselves from their future self, after lockdown.

## Main activity:

Your future self has an important message of hope and advice for you.

You're writing from some point in the future after lockdown – perhaps only a few months away, perhaps a year, maybe even five years – it's up to you.

- What does the world look like in your future time, and what has changed for the better?
- What hopes have been realised, and what obstacles have you overcome that you might be struggling with now?
- How can you convince yourself that things will get better on the other side?
- Can you imagine how your life, and the world around you – your local community, school community, neighbourhood, village, town, country or even the world – might be changed for the better because of things people have done or realised during the lockdown?

Perhaps this letter will have the power to inspire you, support you, or just give you hope.

**Before you write, use the following questions to help inspire the content of the letter:**

- What positive things did you notice during lockdown?
- Were there any particular advantages to being in lockdown?
- When in lockdown what did you miss the most?
- What worried you the most?
- Use your senses to think about the world during lockdown – how did it sound, look, smell, taste or feel different in any way? Has your environment changed since lockdown?
- Which of those sensory changes were good or bad? Would you keep any?



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- What would happen if some of the positive changes – less air pollution, more space for nature to thrive, greater respect for key workers – grew after lockdown?
- Is there anything about lockdown life you'd still like to have around in the future?

Think about the range of emotions your future self might be feeling as you write the letter.

Are you happy, sad, nostalgic, worried, concerned or excited? Perhaps you feel different things, depending on what you're writing about.

See if you can describe how the world is now – perhaps you can use your responses to the sensory exercise. What do you feel about this world? Where are you when they're writing?

Maybe some things haven't changed, and that's okay. Perhaps some struggles are still being overcome and will take longer to change. What might they be?

**Finally, remember your future self is writing to help, reassure, advise and inspire you, as well as give you an impression of what your life and the wider world is like in the future.**

## Time required

45 – 60 minutes

## Materials required

Pen and paper

